

In Memoriam

Dr. Cleve W. Gruler (NA '49) of Missoula, Mont., passed away in November 2007 of natural causes. He was the grandfather of Dr. Amy Berglund Wood (NA '07).

Dr. Frederick L. Thompson (LI '49) passed away on June 9 in Palm Beach Gardens, Fla. He practiced in Detroit with his son, Dr. Stephen (NA '75) until his retirement in 1986. Dr. Thompson is survived by his wife, Carolyn, son Stephen (Donna), and an extended chiropractic family of 13 DCs.

Dr. Bernard V. Heaton (LI '50) of Wolcottville, Ind.

Dr. Herbert R. Biernstein (LI '52) of Sun City Center, Fla., passed away peacefully at home on Feb. 23 with his family by his side.

After serving with the Navy in WWII in the Pacific Theater, Dr. Biernstein attended Duquesne University in Pittsburgh and Lincoln Chiropractic College. He associated with his father-in-law in Pittsburgh and then moved to Lewisburg in 1955 where he practiced until his retirement in 1989. He was vice president and alternate state director for the Pennsylvania Chiropractic Society, District III.

He and his wife moved to Sun City, Ariz., in 1996

and relocated to Tampa, Fla., in 2005. He is survived by his wife, five children, 10 grandchildren, and three great-grandchildren.



Dr. Gary Boyd (NA '79) of St. Charles, Ill., died on May 9 in Amarillo, Texas, after battling Parkinson's disease and prostate cancer for nearly two years. He graduated from St. Charles Thompson High School in 1972 and was encouraged by Dr.

John Nyuli (NA '60) to attend National College of Chiropractic where he served as student body president. Dr. Boyd founded AcuCare Chiropractic and treated more than 2,000 patients.

In his spare time, he enjoyed golf, water sports, fishing, basketball, and was an accomplished percussionist. Dr. Boyd loved flying and was rated as a Private Amphibian Single Engine Pilot, often flying his own Lake Amphibian Aircraft between St. Charles and his vacation home on Lake Wisconsin.

Survivors include his parents, three brothers, a stepson, eight nephews and nieces, and his Labrador, Cigar. He spent his last year traveling to Alaska and Florida with his family. His love of the Lord became his final passion and he was baptized on April 25 in

Amarillo at Hillside Christian Church.

The family requests memorials be given to National University of Health Sciences, The Michael J. Fox Foundation for Parkinson's Research, or the Prostate Cancer Foundation.



Robert P. Sherman, JD, LLD (Hon), 58, of Blacklick, Ohio, passed away peacefully at home on July 11.

Mr. Sherman earned his law degree in 1976. He represented the chiropractic profession for more than 30 years. He was general counsel for the Ohio State Chiropractic Association, having previously served as its executive director. Prior to that, Mr. Sherman served as general counsel and executive director of the Congress of Chiropractic Associations.

A leading authority on health care law, he wrote hundreds of articles on legal issues and co-authored *Chiropractic Forms and Sample Letter Book* and *Risk Management in Chiropractic*.

Mr. Sherman delivered the commencement address at the NUHS December 2005 graduation ceremony after which he was awarded the honorary Doctor of Laws degree.

National Holds Ribbon Cutting for Chicago Whole Health Center

National University of Health Sciences officials cut the ribbon at opening ceremonies for the new NUHS Whole Health Center – Chicago on August 6. The new 2,800 square-foot health and wellness center is located in the University Village Marketplace at 720 W. Maxwell Street near downtown Chicago.

The clinic opening comes on the heels of the closing of the Chicago General Health Service clinic at Ashland and Warren, which had enjoyed a long and prosperous history of serving community health needs since 1925.

The move to a more modern facility with seven treatment rooms, digital radiography, clinical laboratory facilities, and conference area promises to bring care to a larger number of Chicagoans.



The NUHS Whole Health Center – Chicago prior to its grand opening ribbon cutting and reception.



NUHS President James F. Winterstein, Board Chair Dr. Richard Dietzen (l) and Dean of Clinics Dr. David Parish (r), had the honor of cutting the ribbon on this new venture.



NUHS administrators gathered for the opening are (l-r) Vice President for Administrative Services Tracy McHugh, Financial Services Director Sue Unger, Assistant Dean Dr. Theodore Johnson, Dean of Clinics Dr. David Parish, Vice President for Academic Services Dr. Vincent DeBono, and Assistant to the Vice Presidents Dr. Joseph Stiefel.

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Thoughts for Alumni



Homecoming has come and gone and it was good to see many of you — some for the first time in years. It was shocking to me how many of you look older than you did 30 years ago... at least I haven't changed. You see, change doesn't come easy for me and I know that it doesn't for many of

you either. But, change in this profession is inevitable if we are to avoid stagnation.

After graduating from college back in the last century, I attended graduate school at a medical school majoring in anatomic pathology. It was during this time that I decided there must be a better way of providing health care. And then, someone suggested that I investigate the chiropractic profession. Upon receiving several chiropractic college catalogues and evaluating them thoroughly and knowing that I wanted the most academically defined school, the decision was a given... your alma mater, National.

Now, several decades later I am a part-time instructor at National and I travel around the country lecturing on internal medicine for the American Board of Chiropractic Internists. I'm also the ACA Delegate from Northern Illinois. Lately, I have been met with the same question from many of you, "What the heck is going on at National?"

At first, I was somewhat caught off guard but managed to contain myself and just ask, "What do you mean?" I heard such comments as, "Why is National getting university status?" "Why is National offering degrees in massage therapy, etc.?" "National should just remain a chiropractic college." And the list goes on ad infinitum.

National has, to my knowledge, always been a leader in academia... let's keep it on the "bleeding edge" of the profession. I have seen numerous articles on how to become part of an integrated medical team, but all of those articles have chiropractic as being subservient to the allopaths or osteopaths and eventually the physical therapists, physician's assistants and nurse practitioners in that practice — a philosophy that is poppycock at best.

Why would a chiropractic physician want instruction on how to make a referral to an allopath or osteopath when they should be learning how to refer to someone who understands their philosophy of wellness and true health care such as a chiropractic neurologist, internist, radiologist, orthopedist, sports physician, etc. Why wouldn't we want to refer to a massage therapist, naturopathic physician, oriental medicine physician, or acupuncturist trained by chiropractic physicians who ensure that these providers understand the true value of a chiropractic physician?

Continued on Page 2



Homecoming 2008 and Whole Health Healing

By James F. Winterstein, DC
NUHS President

As I write this, September is already here and the summer of 2008 has been left behind. June brought an outstanding homecoming celebration, during which we had the opportunity to promote educational sessions that embraced the whole health healing concept.

Our plenary speaker, who opened our homecoming event, was Mr. Gerald Celente, a trends-caster who in 1998 provided our profession with a look at the future. At that time, Mr. Celente told us that our future should embrace the treatment of obesity and the appropriate use of nutritional supplementation.

In the decade that followed, the chiropractic profession at large tended to follow a practice model that was predominantly musculoskeletal. Gerald Celente reviewed the profession again in 2007 and in 2008, thanks to an anonymous donation, began work with National University of Health Sciences to develop a "whole health healing" approach to chiropractic practice — an approach that was much more characteristic of the profession of 30 or 40 years ago.

I appointed a task force of faculty members and practicing chiropractic physicians to work with Mr. Celente on this project, and that work continues.

Consistent with this approach, our homecoming was designed around the whole health healing concept and all of the speakers provided educational information that related to whole health healing.

We were privileged to listen to Dr. Tom O'Bryan as he talked about gluten sensitivity. Dr. Chris Mote taught us about the health robbing effects of chronic stress. Dr. Tom Hyde related the negative effects of myofascial syndromes. Fraser Smith, ND, related the disease-promoting effects of oxidative stress. Dr. Don Aspergen lectured on integrative chiropractic care in sports and rehabilitation. Dr. Matt Kowalski lectured on models of integrative care in chiropractic, based upon his experience at the Harvard Osher Institute. Dr. Vince DeBono spoke about whole health healing at the crossroads, and Dr. Gregory Cramer and his associates talked about current research happening at NUHS.

It was my pleasure to provide the State of the University Address, (on our website at homecoming.nuhs.edu/Home.html), which reported on various aspects of our University. Most importantly, I announced the signing of a partnership agreement between St. Petersburg College (SPC) and NUHS that will allow National to offer its DC program in facilities of the SPC in Pinellas County, Florida. St. Petersburg College has 11 campuses, 61,000 students, and including NUHS, 17 college and university partners, which offer educational programs through SPC.

National anticipates matriculating its first class of students into the DC program at SPC in September 2009. We conducted a nationwide search for a properly credentialed academic administrator, who will be an associate dean of the NUHS College of Professional Studies and will have overall responsibility for administration of the SPC program. We also searched for an Assistant Dean, whose primary responsibility will be to provide academic leadership for the DC program. (See the results of that search on page 3: **SPC Campus Administrators Named.**)

Now that the administrative personnel have been established, a search for necessary faculty will be conducted. It is expected that admissions and financial aid programs will be administered through the NUHS campus.

Our President's Alumni Advisory Council approved our recommendation to spend Alumni dues on replacement of the movable gymnasium doors, those that separate the Student Center classrooms from the gym. These doors have seen better years and their replacement will make their movement much easier and will improve acoustics in the gym during commencement and other similar events.

I have appointed Dr. Frank Strehl as the new Honorary Chair of the President's Alumni Advisory Council and elsewhere in this publication, you will hear from him. He replaces Dr. Tom Stotz who served in this capacity for a number of years. I thank Dr. Stotz and welcome Dr. Strehl to this important position!

I thank all those who took the time to participate in our homecoming event and I look forward to seeing all of you next year! The feedback we received in our survey was very positive. I will keep you updated on the NUHS/SPC progress in future university publications.

Dr. Strehl Continued from Page 1

We are at the threshold, ready to board the train that is about to leave the station — we must not hesitate for even a moment if we wish to be driving the train that the public wants to replace the current disease-care system.

Recently, I was talking with one of my good friends who informed me that he had always wanted to become a massage therapist and now he is in a position to go back to school for that very purpose. I inquired as to where he planned to attend. He informed me that he had researched several schools in the Midwest and that one was far superior to all of the others — National in Lombard. In just a few short years, National is at the top of that profession's schools.

I know the professors and instructors in the Naturopathic Medicine Program as well and they are all top shelf. It is just a matter of time until National's Naturopathic Medicine Program is at the top of that profession. And, the list goes on and may even be expanded.

National's enrollment did not drop because it became a University; it dropped because, as usual, National was setting the pace for the profession by requiring a four-year degree prior to matriculation into the chiropractic program. All of this is not to say that National does not have its share of problems, but it is a dynamic institution with top quality professors, instructors and clinicians (except for myself), and it is continuing to try new and better ways of educating the students. For once we, as a profession, are ACTING to the future needs and desires of the public rather than REACTING to someone else's infraction.

For all of our problems at National we still put out a dam good doctor — one that I will put up against any graduate from any chiropractic school. They are by no means complete... they still require nurturing. I encourage you to continue sending us your best prospects, let us educate them and then you can mentor them to refine the rough edges.

With best wishes for good health I remain,

Frank Strehl, D.C., D.A.B.C.I., Chair
President's Alumni Advisory Council

National News — Connections, Appointments, Achievements

NUHS - Olympic Connections

National's connections to the international community are well known but the recent 2008 Olympics in Beijing revealed even more.

Dr. Robert Appleyard, chair of National's Department of Basic Sciences, served as a technical judge for the Olympic rowing competitions. In the photo below, he and his daughter, Hannah, proudly hold the NUHS banner in front of the rowing venue. A rowing enthusiast since his college days, Dr. Appleyard has been working U.S. National Rowing events for 15 years and has judged rowing competitions all over the country, at high school, college and master levels, and also at the international level.



In another Olympic event, viewers were introduced to the technique of Kinesio Taping after commentators responded to the public's curiosity about the black tape on the shoulder of a beach volleyball player. While a new concept to some, Kinesio Taping was actually invented by **Dr. Kenzo Kase** of Tokyo, a 1973 National graduate, around 25 years ago. Additionally, two NUHS faculty, **Dr. Vincent De Bono**, vice president for Academic Services, and **Dr. David Parish**, dean of clinics, are internationally known educators in this method and certified Kinesio Taping instructors by Kinesio USA, LLC. National's curriculum includes hands-on application of Kinesio Taping during several courses and the clinical internship. Currently, practicing physicians who want to learn Kinesio Taping can do so through weekend continuing education programs at NUHS.

National's connection to the 2008 Olympics also reached into the sport of gymnastics. Paul and Morgan Hamm, two of the USA's brightest hopes for gold medals were forced to withdraw from the games due to their individual injuries. However, the Olympics loss is our gain as **Morgan Hamm** has been accepted into the chiropractic program and intends to start classes at National in the spring.

MSAc/MSOM Programs Gain Candidacy

The Master of Science in Acupuncture and the Master of Science in Oriental Medicine programs of National University of Health Sciences are candidates for accreditation by the Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM), which is the recognized accrediting agency for the

approval of programs preparing acupuncture and oriental medicine practitioners. ACAOM is located in the Maryland Trade Center Building #3, Suite 760, 7501 Greenway Center Drive, Greenbelt, MD 20770-3514, 301-313-0855; fax 301-313-0912. The Candidacy status was granted to NUHS on August 8 and now assures that NUHS graduates are eligible to sit for the licensing examinations.

ND's Smith Publishes Text

Fraser Smith, ND, assistant dean of the Doctor of Naturopathic Medicine Program, is the author of a textbook entitled *An Introduction to Principles and Practices of Naturopathic Medicine* published by CCNM (Canadian College of Naturopathic Medicine) Press. This comprehensive text, Smith's first, is aimed at students of naturopathic medicine and covers a wide range of material, from the principles of naturopathic medicine, to fundamental treatment modalities and treatment approaches for numerous conditions.

SPC Campus Administrators Named

Daniel L. Richardson, PhD, CNC, DAANC, assistant dean of Allied Health and Undergraduate Studies, has been appointed to the position of Associate Dean of the College of Professional Studies – Florida Branch. An expert in nutrition and botanical medicine, Dr. Richardson has been with National for 14 years and was the former chair of the Department of Nutrition and Biochemical Therapeutics. He is expected to begin his position on the SPC campus in October.

Joining Dr. Richardson in Florida will be **Joseph Stiefel, BS, MS, DC** as Assistant Dean for Chiropractic Medicine, College of Professional Studies, NUHS/SPC Chiropractic Program. Dr. Stiefel earned his DC degree from NUHS in 2004 and his Master of Science in Diagnostic Imaging in 2007, and was subsequently appointed to his current position as assistant to the vice presidents.

Kinesio Class Scheduled on SPC Campus

The Lincoln College of Postprofessional, Graduate and Continuing Education will mount its first class in Florida on the St. Petersburg campus. Dr. Vincent DeBono and Dr. David Parish, certified Kinesio Taping instructors and NUHS administrators, will present the two-session **Kinesio Taping®** Certification Program. Session 1 will be held Oct. 25-26 and will include Fundamentals of Kinesio Taping® and Advanced Kinesio Taping® Techniques. Session 2 will take place Nov. 22-23 and will feature Advanced Kinesio Taping® and KT of Dysfunctional Movement Patterns. For full details, call 630-8898-6622 or view the brochure on the NUHS website at http://www.nuhs.edu/Postgrad/pdfs/Kinesio_FL.pdf.

President Joins TCC Celebration

Dr. James Winterstein represented National University at the Homecoming convention of Texas

Chiropractic College (TCC) in July. TCC is celebrating the 100th anniversary of its founding this year and held a Centennial Reception at the reunion event. In honor of the anniversary, Dr. Winterstein presented TCC President Richard G. Brassard, DC, with a commemorative clock that is now on display in the college's board room.



DCs Share Talents at Cancer Walk

NUHS recently served as the official chiropractic partner for the Chicago Breast Cancer 3 Day benefitting Susan G. Komen for the Cure at the Aug. 8-10 event. Seven 9th and 10th Tri interns, two clinicians, and three alumni comprised the sports medicine team who ministered to participants during the 60-mile walk. Patricia Coe, DC, NUHS Massage Clinic Supervisor, served as captain of the team that also included an orthopedic doctor, two nurses and physical therapists. "We were involved in 355 patient encounters, giving chiropractic care, Kinesio Taping and stretching. One of our volunteers alone saw 44 people! It was awesome," said Dr. Coe. "I received nothing but positive feedback about our team from walkers as well as crew. We also got a big cheer from the crowd when the university was recognized during the closing ceremonies!"

Members of the NUHS Sports Team included NUHS clinicians Kelly Baltazar and Nick Chancellor; NUHS DC alumnae Patricia Coe, Courtney Conley, Christine Cosgrove, and Heather Wisniewski; and NUHS interns Holly Furlong, Dennis Kay, Dollie Patel, Jessica Petersen, Sarah Ragan, Jeff Sergent, and Jason Williamson.



Adjunct Faculty Honored

Dr. Robert Leach of Starkville, Miss., adjunct faculty of NUHS, was named "Health Educator of the Year" at the 74th Annual Convention of the Mississippi Alliance of Health Physical Education Recreation and Dance (MAHPERD) in Clinton, Miss. in November 2007. He served as research director for MAHPERD in 2006-2007. In addition to his practice, Dr. Leach has been a postgraduate faculty member at NUHS since 1986.

Alumnus

THE NEWSLETTER FOR NUHS ALUMNI

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Homecoming Highlights 2008

1. Keynote speaker Gerald Celente (pictured with President James Winterstein and Vice President Tracy McHugh) offered thoughtful visions of the future for "Whole Health Healing" at Homecoming 2008.

12. Kristina Conner, ND, and NUHS naturopathic medicine students pose by the Naturopathic Medicine booth.

13. Mel Collins, Alumni Outreach Coordinator, welcomed alumni, including Dr. Christine Cosgrove (NA '99), at the Admissions booth.

2. Greeting Homecoming attendees at the reception desk were (l-r) front row, Lynn Nelson, administrative secretary, and VP McHugh, and back row, Shawna McDonough, alumni/development coordinator, and Denise Kisse, administrative secretary.

14. Sharing some National faculty memories were Dr. Terry Elder, Dr. Ronald Williams (NA '68) and Dr. Daniel Richardson.

15. Also enjoying Homecoming festivities were Dr. Herman Kathan (NA '62) and Dr. Leonard Richie (NA '49).

3. Dr. Thomas Hyde receives a token of appreciation from Dr. James Winterstein after his presentation on "Myofascial Assessment and Soft Tissue Disorders."

16. At Friday's Alumni / Reunion Luncheon, Dr. Thomas Stotz (NA '79), outgoing chair of the President's Alumni Advisory Council, was honored for his years of service.

4. Fraser Smith, ND, presented on "Oxidative Stress: Identifying and Mitigating a Powerful Disease Promoter."

17. Dr. Robert Humphreys (NA '84) was presented with a certificate of appreciation for his years of service on the President's Alumni Advisory Council.

5. Dr. Thomas O'Bryan unlocked "The Mystery of Gluten Sensitivity" for Homecoming attendees.

18. Also presented with a certificate of appreciation for his years of service on the Advisory Council was Dr. William Swanson (NA '77).

6. NUHS interns provided alumni with complimentary adjustments in the on-site clinic.

19. Massage therapy attendees heard Dr. Patricia Coe present on cupping and John G. Louis, CMT, demonstrate "Instrument Aided Massage Therapy with Acuforce." Pictured (l-r) seated are Dr. Coe and John Louis; and standing are Carol Henry, Chris Pusateri, Claudia Frazee, Candy Washington, Kara Hecht, Shirley Zak, and Laura Allen.

7. Dr. Chris Mote (NA '99) discussed "Chronic Stress: Antagonist to Whole Health."

8. Dr. and Mrs. Vernon Mannon (LI '51) of Benson, Ill. attended the 50 Year Club Breakfast.

20. Patricia Coe, doctor of chiropractic and massage therapist, demonstrates cupping, in which suction is created in a cup and then applied to the body, which then draws the skin up around and under the cup, increasing circulation.

9. Also enjoying the 50 Year Club Breakfast were Dr. Marvin Mullen (NA '51), Dr. Leonard Schroeder, (NA '48) and Dick Calhoun.

10. Foot Levelers was one of the 33 exhibitors at Homecoming 2008.

11. National's Research and Admissions departments mounted displays at the event as well as the campus bookstore, museum, and SACA. Pictured are National students at the Department of Diagnostic Imaging exhibit.

22. Dr. Claire Johnson, journals editor, and Dr. Gregory Cramer, dean of research, presented an update on the latest research activities at NUHS.

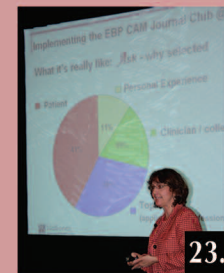
23. Dr. Barbara Sullivan of the Department of Research discussed the Evidence Based Practice courses taken by upper tri students at National.



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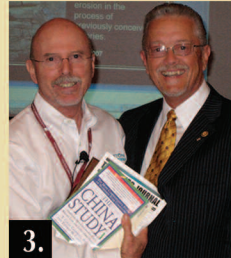
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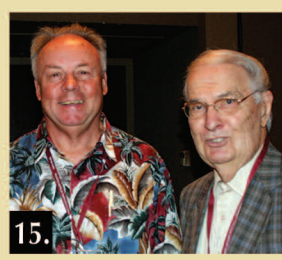
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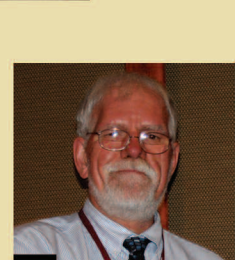
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24. Dr. Jonathan Soltys, dean of the Lincoln College of Postprofessional, Graduate and Continuing Education, and Dr. Vincent DeBono, vice president for Academic Services take time for a photo before Saturday's banquet.

25. Members of the Class of 1968 gathered for a 40th reunion photo at the banquet.

26. Dr. Patricia Coe, director of National's Massage Therapy Clinic, and Dr. Yihyun Kwon, assistant dean of the Acupuncture and Oriental Medicine programs, share a laugh at the pre-banquet cocktail party.

27. Dr. Winterstein presents Daniel Richardson, PhD, CNC, DAANC, assistant dean of Allied Health and Undergraduate Studies, with the President's Quality Service Award given to the individual who consistently provides exceptional service to the institution.

28. Dr. Matthew Kowalski (NA '90) acknowledges his receipt of the Eagle Award as Outstanding Alumnus of the Year, an honor given to alumni for exceptional activities within the profession. Dr. Kowalski was the first Massachusetts chiropractor to be granted hospital privileges and has been the consulting chiropractor for Braintree Rehabilitation Hospital since 1992. He has authored and co-authored numerous abstracts and publications and is regularly called upon to lecture on the subject of spinal orthopedics.

29. Mr. William Lichter, retiring Lombard Village Manager, was recognized by the university with a Distinguished Service Award in recognition of his more than 23 years with the village. The award is



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given periodically to an individual who is selected by the president with input from the executive personnel for meritorious service.

30. Dr. James Cox (NA '63) was inducted into the NUHS Hall of Honor for his many years of service to the university and to the field of chiropractic. Dr. Cox is the inventor of the Cox® Distraction Adjustment manipulation Instrument, the Cox® Table and holds a patent for a cervical axial headpiece and technique. Thousands of doctors of chiropractic employ Cox procedures of lumbar biomechanics and treatment in their practices.

31. Mrs. Joann Goodheart, wife of the late Dr. George Goodheart, founder of Applied Kinesiology, accepts his posthumous induction into the NUHS Hall of Honor. Dr. Goodheart, (NA '39) founder of Applied Kinesiology, authored articles and gave lectures on AK for more than 40 years. He actively practiced chiropractic for more than 50 years and was the first chiropractor to serve on the U.S. Olympic Medical Committee.

32. Chris Carter, 2005 Performing Arts Entertainer of the Year, amazed banquet attendees with his mind-boggling psychological feats.



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33. Dr. Joseph Stiefel, assistant to the vice presidents, thanks entertainer Chris Carter after his astounding performance.

34. Vice President for Business Services Ron Mensching concluded Saturday's award presentations by surprising President Winterstein with an engraved clock commemorating his achievements in orchestrating the St. Petersburg-NUHS partnership.



34.

Thanks to All Our Sponsors and Vendors!

National University of Health Sciences would like to offer a special thank you to those sponsors and vendors who so generously supported our 2008 Homecoming and helped make the event a great success.

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Alumni News

(Many of these alumni notes were collected from responses to the 2008 Homecoming reunion directory questionnaire.)

1940s



Dr. Leonard W. Schroeder (NA '48) of Roselle, Ill., was honored by Luther North High School in Chicago on April 11 for his years of service to school youth and his church. The evening of casual talk and fellowship was held with about 20 friends and alumni who spanned his 50-year career as team physician at LNH and 30 years as chair of the congregation at St. Paul Lutheran Church in Austin.

During WWII, Dr. Schroeder served as a medical aide in the European Theater from the D-Day Invasion through the Battle of the Bulge. After leaving the service, he became a medical assistant to the Chicago Roller Derby, one of the most popular post-war sports, and later was on the medical staff of the Chicago Cardinals professional football team (NFL).

In the mid 1960s, 'Doc' started serving young athletes from Luther North and Walther Lutheran schools and continued service to LNH for a total of 50 years, retiring in 2003. He was instrumental in encouraging several LNH graduates to embrace chiropractic as a profession, and was named to Luther North's first Athletic Hall of Fame in 2004.

Dr. Schroeder was one of a group of chiropractors who formed the ACA Sports Council in 1972 to address how to better train and equip chiropractors to treat athletes, and was instrumental in the battle to get chiropractors added to the Olympic medical team. The U.S. and International Olympic committees did so in 1980, and chiropractors have had a presence at the games ever since.

1950s

Dr. Joseph Hanoka (NA '53) of Champaign, Ill., is proud to have achieved 55 years of chiropractic practice. He also enjoys bowling, softball, woodworking, and visiting with his children and grandchildren.

Dr. Martin Fallick (CINY '58) retired at 55 and is enjoying life in Palm Desert, Calif. His most rewarding experience while in practice was helping a 16-month-old baby, who was told she would never walk, to do so in three visits. Dr. Fallick's hobbies include golf, bocce, gardening, and the stock market.

Dr. Gerald Kooistra (NA '58) of Grand Rapids, Mich., is celebrating his 50th year in the practice he shares with his nephew, Dr. Scott Kooistra (NA '73) and Dr. Scott's son, Dr. Jared Kooistra (Logan), who came on board in 2007. The staff at Kooistra Chiropractic Clinic in Wyoming, Mich. also includes Dr. Scott's wife, Sue, a registered nurse, three massage therapists and three chiropractic assistants. Dr. Gerald says his most rewarding moments are helping young DCs in their practice. In his spare time, he enjoys reading, golf and travel.

1960s

Dr. David S. McEwen (LI '64) of Palm Beach Gardens, Fla., is in his 43rd year of practice and intends to continue on for 17 more years in order to match the professional careers of his grandfather and grandfather who both practiced for 60 years. Dr. McEwen's most rewarding experience so far has been treating missionaries on the field (e.g., Haiti, etc.) and "seeing miraculous results as God blesses a treatment."



J.G. Green, DC, DABCO (NA '67) of Golden, Colo., is serving on the All Veterans Honor Guard and alternate firing squad for his American Legion post. He transferred his membership to American Legion Post 178 in Lakewood, Colo., when he moved to Golden in November 2005. Dr. Green, a chiropractic orthopedist, was president of the South Dakota Chiropractic Association (1983-84) and the South Dakota Public Health Advisory Committee (1977-78) and served on the ACA Commission on Public Health (1973-78).

Dr. Charles McLean (LI '68) is in his 40th year of practice in Burlington, Vt. He reports doing a lot of medical-legal work, impairment and IMEs. In his free time, he enjoys fishing.

Dr. Gary Murphy (NA '68) of New Castle, Pa., is in his 40th year of practice. His most rewarding experience is having his son, Dr. Timothy Murphy (NA'96) join him in practice. Dr. Gary's hobbies include golfing, singing in a gospel quartet and spending time with his grandchildren.

Dr. Norm Ross (NA '68) of Goshen, Ind., reports that after 40 years, he is still enthusiastic about going to the office every day and taking care of the "long line" of patients waiting for help. "Being an ole farm boy," he said, he still enjoys driving tractors for fun. Dr. Ross is already looking forward to the Class of 1968's 50th reunion celebration in 2018 and urges classmates to mark their calendars for the big party.

Dr. William Stephens (NA '68) of Macomb, Ill. finished clinic in 1969 and then spent two years in the Army (at their request). He opened his solo practice in Macomb in 1971 and after nearly 36 years, sold his office building and began his "golden years of retirement" in 2007. Dr. Stephens enjoys competitive swimming (Senior Olympics), running (jogging), pleasure boating, woodworking, and stock market investing. He and his wife, Diana, celebrated their 40th wedding anniversary in May.

Dr. Kazuyoshi Takeyachi (NA '68) of Tokyo, Japan, recalls coming to the "small, new, fresh smelling buildings" of National as a young 21-year-old "far from home with a big dream." He is proud of his "beloved profession" and his 33 years of administrative and educational involvement with RMIT Chiropractic Unit Japan, the school he founded that is now in the process of becoming an independent entity as Tokyo College of Chiropractic. Dr. Takeyachi likes to read history, philosophy, classics, and mostly non-fiction. He and his wife, Toshiko, have enjoyed a happy married life for 37 years.

1970s

Dr. Lennart Backlund (NA '73) of Vanersborg, Sweden, enjoys golf and harness racing and has been the owner of different trotters from 1976 to 2003. His fondest professional moment was sending a patient to the hospital for an emergency operation for a massive disc herniation, missed by his MD.

Dr. Monica Feist Richards (NA '78) of Larkspur, Colo., is proud of being able turn patients around who have been told, "take drugs and live with it." In her spare time, she enjoys golf, basketball, trail riding, and Mexico.

Dr. Edwin Merrifield (NA '79) of Rockville, Md., now retired from his Gaithersburg practice, is devoting his time to environmental activities and was the subject of a "3 Minute Interview" in the Washington (DC) Examiner on April 30. Dr. Merrifield has served as executive director of Potomac Riverkeeper Inc. since 2003. The group is dedicated to reversing years of pollution and restoring water quality to the Potomac and its tributaries.

1980s

Dr. Anthony Narushka (NA '81) is serving as secretary of the Polish Chiropractic Association (PCA), which became recognized by the European Chiropractors' Union in June. Dr. Narushka and the other PCA board members are working with the Ministry of Health to discuss legalization and regulation of chiropractic in Poland. There are no laws regarding chiropractic, he says, and "anyone, medical doctors and even massage therapists, can say they do chiropractic."

Dr. Narushka practiced in Orlando, Fla., after graduation but relocated to Poland to run a family business around 1999-2000. He missed chiropractic and took a post grad program in manual medicine (manipulation). The firm offering the program asked him to give lectures for them, which he has done for the last four years. Dr. Narushka said through the experience, he has been able to educate others about chiropractic and the amount of education involved, and has found more individuals, including medical professionals, to be more supportive of their efforts toward regulation.

Dr. Kristine J. Aikenhead (NA '83) of West Chicago, Ill., cites her most rewarding experience since her graduation as being able to invest in the future generations of chiropractors through her teaching experience at National. In her free time, she enjoys outdoor activities such as swimming, kayaking, biking, and attending her children's athletic events.

Dr. Jill Beth Davies-Kern (NA '83) of Green Bay, Wis., reports that she is grateful for her National education that allows her to have a job where she can work in her own office, set her own hours, and earn a good income. "Life is good." Her most rewarding experience since graduation is traveling around the world with her family to visit relatives who live on four continents. In addition to travel, she enjoys scrapbooking, rubber stamping, and music (church choir and playing piano).

Dr. Stu Holland (NA '83) of Downers Grove, Ill., reports that he loves being a chiropractor and helping people get well, and he wouldn't want to be anything else. In his spare time, he enjoys playing sports, especially softball, coaching Babe Ruth baseball, and traveling, especially to Vegas.

Dr. Michael J. Mellon (NA '83) of Iron Mountain, Mich., cites his most rewarding professional experience as continuing the practice that was his father's and grandfathers'. He enjoys hunting, boating, and snowshoeing in his spare time.

Dr. Brian Scharf (NA '83) of Springville, N.Y., has earned a Master of Divinity degree and is a part-time United Methodist pastor. In his spare time, he makes mission trips to provide health care to the poor in underdeveloped countries.

John Ventura, DC, DABCO (NA '83) of Rochester, N.Y., reports he is joining the faculty at University of Rochester School of Medicine.

Dr. Sally Braids (NA '88) of Wallkill, N.Y., volunteers her chiropractic services at the World Headquarters of Jehovah's Witnesses.

Dr. Johan Dinkelmann (NA '88) of Brighton, Ill., fondly remembers his time as a diener and prosector in the anatomy lab experiencing conditions that he deals with every day in practice. He also uses his physiology and biochemistry knowledge daily in his nutrition practice.

1990s

Dr. Nancy Offenhauser (NA '93) of Amenia, N.Y., has been treating herself for endometrial cancer using herbs,

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Alumni News Continued

acupuncture and a variety of modalities with no medical intervention, and is completing a book about the process that is due out this fall. Dr. Offenhauser is still working and reports she has never been bedridden or hospitalized.

Dr. Rebecca Palmer (NA '93) of Salem, Ohio, says she feels fortunate to be a National graduate and will soon celebrate 15 years of practice in her home town. She spends free time in community service through the Kiwanis Club and by volunteering on numerous boards.

Dr. Nicole Bahnhub-Sdao (NA '98) of Freeport, Ill., has built a successful practice with her husband, Roger Sdao. She enjoys volunteering and bodybuilding, and is expecting her third child in October.

Dr. Mary McAndrews Hoffman (NA '98) is owner of a multi-disciplinary wellness center in Lake Zurich, Ill. She encourages colleagues to step outside their comfort zone and keep an open mind and on top of changes. "We have the most rewarding jobs on earth!"

Stacy Thornhill Peterson, DC, DACRB (NA '98) of Champlin, Minn., is an associate professor teaching neurology at Northwestern Health Sciences University. She is also associated with Savage Chiropractic & Natural Care Center in Burnsville, Minn.

Dr. James Sciroffo (NA '98) is the owner of Sciroffo Chiropractic in Belle Vernon, Pa. In his free time he enjoys biking, rollerblading, exercising, white water rafting, and motorcycling.

Dr. Joseph Thibault (NA '98) of Westfield, Mass., is the proud father of his first son, Joseph.

Dr. Chuan-Min Wang (NA '99) of Lombard was invited to teach Advanced Tung's Acupuncture and Tung's Palm Diagnosis in Zhongshan, Guangdong, China, in May. This was the first time one of his topics, Tung's Anatomy to Tung's Acupuncture, was presented in such a way either in the East or West. Dr. Wang is one of the three direct disciples of Master Ching-Chang Tung in the U.S. and has 35 years experience in acupuncture.

2000s

Dr. Bill Blueter (NA '03) of Macedonia, Ohio, operates Ravenna Chiropractic and Rehabilitation. Dr. Blueter credits his National education with preparing him to integrate into the surrounding medical community and serve the general public.

Dr. Karen May (NA '03) is the owner of May Family Chiropractic in Mason, Mich., and the mother of three children: Hayden, 5; Julia, 3-1/2; and Adriana, 18 months.

Shavonna Partee of Bellwood, Ill., is a 2003 Massage Therapy graduate. She said being at National was a good experience and gave her the opportunity to be successful in the massage therapy industry. She learned a lot and also made some good friends.

Dr. Heather Miley (NA '05) has been awarded Diplomate status with the American Chiropractic Board of Radiology (DACBR). She is a diagnostic imaging resident at National University of Health Sciences.

Kudos

National University of Health Sciences sincerely appreciates the following alumni who have referred students in our Spring and Summer 2008 classes. You are truly our #1 best source of new students. Thank You! Thank You! Thank You!

Dr. Michael Barrett	('96)	Indiana
Dr. Bryon Benchley	('79)	Michigan
Dr. Angela Bontrager	('01)	Indiana
Dr. Sean Dunleavy	('98)	Nevada
Dr. Shad A. Foster	('96)	Ohio
Dr. Al Graun	('78)	Illinois
Dr. Troy Henrie	('01)	Michigan
Dr. Raymond J. Janusz	('51)	Wisconsin
Dr. Audie Klingler	('77)	Maryland
Dr. Ralee Mammie	('67)	Illinois
Dr. Vijay Patel	('98)	Illinois
Dr. Lisa Shipley Medendorp	('99)	Illinois
Dr. Jody Smith	('99)	Michigan
Dr. Thomas Stotz	('79)	S. Dakota
Dr. Aaron M. Tosky	('86)	N. Carolina
Dr. Raymond Verrier	('84)	Florida

We also thank the following alumnae who referred a student in the Fall 2007 class.

Dr. Maria Miaritis	('02)	Michigan
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